

what is God's plan for me?



Applications open for 2024 Spiritual Exercises in Daily Life

Nourishment

Discernment

Clarity

Freedom

Are you seeking deeper connection with God
and insight into God's plan for your life?

The Spiritual Exercises of St Ignatius Loyola may be an option for you.

This personalised program allows you to contemplate God's love and intentions for you through daily prayer and reflection. The 30-35 week journey includes weekly face-to-face or online conversations with a skilled Ignatian Spiritual Director.

There are no prerequisites, and the retreat can be started as early as February 2024.

To learn more or to register, please contact us at

PHONE 1300 392 636 or EMAIL info@jisa.org.au



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Jesuit and Ignatian Spirituality Australia acknowledges that we walk upon the traditional lands of First Nations peoples. We pay our respects to them and recognise the continuing gift of their cultures to the life and spirit of Australia.